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August 2011

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Featured Home of the month



7866 Old Scugog Rd., Enniskillen \$499,900
 Stunning century home, formerly the R.S. McLaughlin family home.
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See page 7 for more details.

The Ancient History of Courtice

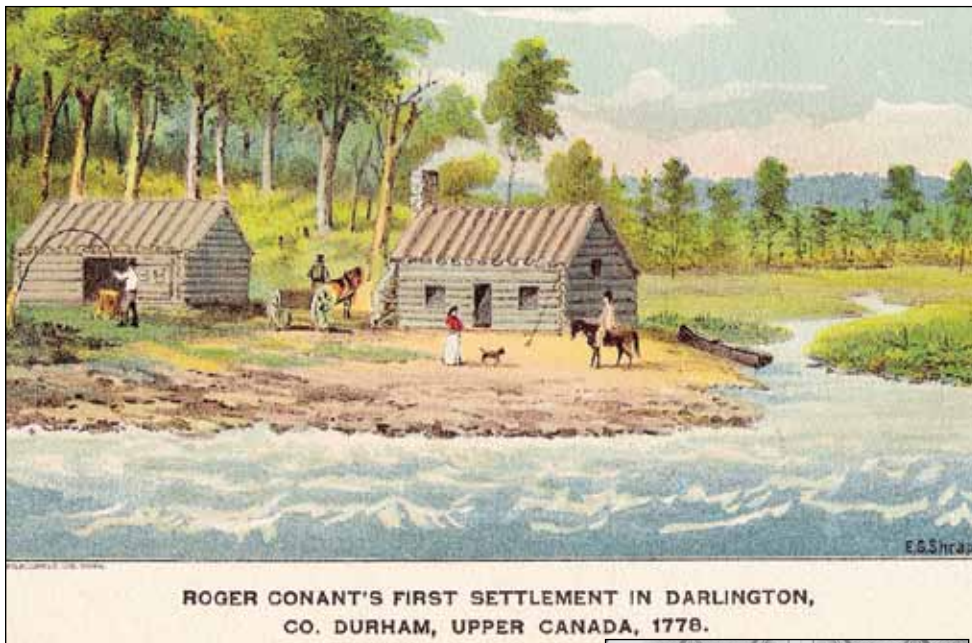
by Charles Taws

CLARINGTON MUSEUMS AND ARCHIVES
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Courtice is a rapidly growing community on the western border of Clarington. Much of its growth has happened recently so many people think it is a community without a history. How wrong they are! The history of Courtice goes way, way back and some of our best pioneer stories come from this area. Historians will agree that the first settlers to this area came in 1795, but as we will see people have traversed through and spent time in this area for thousands of years.

On October 2nd 1794 three Loyalist families arrived where Port Darlington is today. They were the Burks, Trulls and Conants. It was late in the season so the families stayed together in log shanties at Port Darlington before moving to their properties in the following spring. The Burks settled where Bowmanville now stands and the Trulls and Conants moved to just south of the present Courtice area.

They were not the first people here. Natives had been in the area for at least the last seven thousand years (perhaps even before then). The French came in the 1600's. French musket balls have been unearthed at Port Darlington and just west of Courtice, along the Lakeshore a French trading post was built. It was called Cabane de Plombe and was believed to have been built around 1750 and used until 1759 (The year the French lost their Canadian Colonies



Images provided by the Courtesy Clarington Museums and Archives

If Conant family History is correct then these small log cabins, built in 1788 would be the first structures built in Clarington. Image is an engraving from 1898." The Trull Family began holding an annual reunion in 1898. This is an undated photo of an early reunion (right). It was taken at the home of Jess Trull (grandson of the original pioneers) on Baseline Road. Note the "J.T." over the front door. This house still stands and is owned by Dom's Auto parts."



to the English). This cabin was situated to take advantage of the lucrative fur trade with the natives. To the north is Lake Scugog and its access to the rich fur areas of the Kawarthas, Haliburton and even up into Georgian Bay. After the French Defeat English (from the New England Colonies) and Dutch (from New Amsterdam) traders came into the area. Os-hawa's first settler, Benjamin Wilson, made his first home in this old French cabin.

While the 1794 arrival date for the settlers is agreed upon there is a tradition within the Conant Family to suggest that their patriarch, Roger Conant, was actually here as early as 1788. He came, built a log shanty and cleared some land.

The Conants had been Governors of New England and gave up a lot to come to Canada. Unlike most settlers they had some money behind them. This leads us to our first pioneer story. Clarington has a lost treasure that has yet to be found! Roger, fearful someone might steal his hoard of gold coins, took an iron pot and buried it near a stream. He died before revealing its location to anyone. His farm is now Darlington Provincial Park so the next time you are down there keep your eyes to the ground. Who knows, maybe you can find this fortune.

Another story involved Roger's son, Thomas. He was seeing a young lady whose home was some three miles inland from

the shore of Lake Ontario. Consequently to pay his respects he had to travel from his home along the shore through forests and clearings to get to her house. I will let Thomas' son Gordon Conant tell the story:

"This story takes place in November 1806, the ground was frozen, but no snow had fallen. While walking home one night, "he heard the distant baying of wolves. Fear would, it may be supposed, lend speed to his feet, but thinking rightly he could not outstrip the wolf on foot, he walked quietly along, watching for a convenient tree for climbing. In a very few minutes the wolves were upon him, in full cry, eyes protruding, tongues lolling,

Continued on Page 9

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Why Plan For the Exit from Your Business



by Peter Hobb

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In 2004 the Canadian Federation of Independent Business (CFIB) carried out a survey to determine how prepared the small to medium sized business owner was for exiting his or her business. From the results of the CFIB study it was estimated that 66% of small to medium sized business owners will be exiting from their businesses in

the next ten years. This study has been followed by other similar studies. They all tell the same story. There are only a small percentage of business owners who have formally planned for the eventual exit from their businesses. There have been many reasons given for this. The number one reason given is that it is too early or is there just unwillingness by the small to medium sized business person to plan for their exit from their business? This is difficult to understand given what is at stake. All business owners will have to face the departure from their business at some point. When you do you want to make sure it is on your terms.

In our experience with helping clients plan for the exit from their businesses we have found that the most difficult

issues to deal with are the soft issues. Business owners will likely tell you that the most important issues to resolve are maximizing business value, minimizing taxes, and controlling how and when to exit. These are important issues but are usually more easily resolved if the soft issues are taken care of first. These issues include identifying long-term personal and family goals for all key stakeholders, communication of each stakeholder's vision for the business (owners, family, successor), each individual's anticipated role in the business after succession, and processes for selecting and training their successor(s). How do I deal with family expectations or the feelings of entitlement that the children may have with respect to my business? How do I deal with the children who do not want

to work in the business? What will I do when I don't have to come to the office anymore? Can I continue to play a role in the business? For a lot of business owners their work has been their life. It is very difficult for them to think beyond the end of their careers. There is a lot of uncertainty, and sometimes, a lot of potential for conflict. Thinking about it can make business owners uncomfortable so the tendency is to put off doing something about it. If the business owner is uncertain there are likely a number of key stakeholders, including family, who are also uncertain. Ignoring the soft issues does not make them go away. Planning for the exit from your business can bring these soft issues to the surface in a constructive manner if you have the right team working for you.

It is recommended that you engage a group of professionals (e.g. lawyer, wealth management and investment advisor, consultant with mediation skills, accountant, etc.) who would work as a team in developing an exit plan to achieve your long term personal and family goals. The advisors you would use would depend on your goals. Most of the advisors you would work with would normally be the advisors you currently engage who would have knowledge of both your business and personal affairs. The skills that each of these advisors would bring to the table are very important in coming up with a coordinated plan that is consistent with the goals that are trying to be achieved. But it is important that they work together. If they are working in isolation telling you what

is best, it is very likely that the plan will include recommendations that are not consistent leading to frustration and possibly abandonment of the plan.

Proper exit planning will help you:

- Maximize the value you receive on the sale of your business
- Avoid the business failing due to successors not being prepared to take over
- Maintain family harmony
- Ensure you have the wealth you require to live comfortably in retirement
- Protect the livelihood of your employees
- Meet your personal, family and business goals.

In future articles I will write about some of the key elements that need to be addressed in an exit plan.

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What's in a Name ?



by Jim Abernethy, Editor
jim@ClaringtonPromoter.ca

The Cambridge Dictionary defines a "name" as "the word or words that a person, thing or place is known by, and "the opinion or reputation that someone or something has."

This newspaper has gained a reputation as a "good read" providing positive and informative editorial about the history of Clarington's many communities and helpful hints about topics such as home ownership, property taxes, home

landscaping, repairs and financing.

I am pleased to announce that effective August 1, 2011 we have changed the name of our newspaper to ClaringtonPromoter.ca.

This new name defines what we do. We promote Clarington and the individuals and companies who provide products and services to the 80,000+ people living within our geographic boundary. We educate each other about the similarities and differences found in each of the many communities that define Clarington.

Our focus and content continues to be about our homes and community.

Clarington is a diverse blend of rural and urban communities with different lifestyles which complement each other, both rich in history and future potential.

Our new name also reflects the direction the newspaper industry is heading..... into the electronic age.

Yes, beginning August 1, 2011 all past and future editions of the ClaringtonPromoter.ca (and our former HomePromoter) will be available on-line, archived for everyone to read anytime. (turn to page 8 for details)

This means that you too can promote Clarington! How? Simply forward our new name ClaringtonPromoter.ca to your friends, relatives and associates who may be living anywhere in the world.

They too can enjoy Cathy's recipes, Peter Hobb's business advice, Charles Taws' anecdotes and historical tales, or follow the progress of the multi-billion dollar refurbishment of the four nuclear reactors at Darlington GS and the development of our community.

In this edition, be sure to check out the follow-up report on the Bryan Bickell Charity Golf Classic and remember to mark your calendar for the 158th Durham Central (Orono) Agricultural Fair which runs from Thursday September 8-11. Don't have a computer? Not to worry - ClaringtonPromoter.ca will continue to be delivered by Canada Post the every house, farm, business and apartment in Clarington..... that is more than 31,000 copies each month.

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by Myno Van Dyke

NEWCASTLE HISTORICAL SOCIETY

It was the summer of 1938. The Wood brothers, Dick and Keith, were at Bill Riddell's Barber Shop in downtown Orono getting a haircut. Bill mentioned to the boys that he was sponsoring a "Rooster Race" at the Durham Central Fair. First Prize was five dollars, second prize, three dollars and third prize was two dollars. That was a lot of money for a couple of youngsters back in 1938. Bill told them to start practicing right away and added, "Don't let your parents see you with the roosters, they won't like it."

Dick and Keith walked over to the hen house and picked out a pair of large white "Leg-horn" roosters. They tied some light rope around each wing and began practicing. It wasn't long before Mother and Dad became suspicious and asked the boys why they were running around the farm yard with these ropes attached to

"The Rooster Race"

at the Durham Central Fair in Orono

the roosters. They told them about the "Rooster Race" and Mrs. Wood immediately went into the Barber Shop and "lit into Bill".

This didn't stop the training though, and pretty soon Dad decided to help out a bit. Unfortunately, he stepped on Keith's rooster and the poor rooster went lame. So, they had to get another one out of the hen house.

Soon, the big day arrived and there were only three roosters there for the race. The two Wood brothers each had theirs and Hazel Brown from Newtonville had the third one. They had a large square marked off on the track near the north corner of the grandstand for the race. "The "Rooster Race" brought the Fair to a standstill", Keith said.

They lined up the three roosters with their respective "drivers", standing behind, holding a rope in each hand. Somebody said, "Go" and the so-called race began. Problem was, the roosters wouldn't move until they were "kick-started". And then, away they went.

Keith said his rooster went fairly straight along the fence



From left: Dick Wood, Hazel Brown (later Donahue) and Keith Wood.

rail but the other two roosters were all over the track. Suddenly, Keith's rooster broke free and darted through a hole in the fence, and headed into the crowd. Keith went after the rooster and dragged it back onto the track area and finally

managed to get it to the finish line. The other two roosters were eventually dragged over it too. Keith got first prize, Dick got second and Hazel third. That was the first and last "Rooster Race" ever held at the Durham Central Fair in Orono.

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Orono Heritage Tractor Club History

by Grant Greenwood

CLUB FAIR CO-ORDINATOR

Around 1990, a group of tractor enthusiasts and the Orono Fair Board met to discuss the possibility of having an antique tractor display at the Orono Fair. Numerous meetings were held in Archie McLaren's shed; and out of this desire to showcase their tractors and present them to other people, the Orono Heritage Tractor Club came into being and a vintage tractor display was organized for the Orono Fair. Tractor "games" were organized to better display the tractors; and from this, it became apparent that people liked to see tractors in action. Shortly thereafter, Al Bowins built a "weight transfer pulling sled;" and the club began to put on pulling demonstrations which allowed the spectators to watch the tractors in action.

Past presidents of the club were Archie McLaren, Fred King, Fay Reid, Lloyd Lowery, Walter Stapleton, and Grant Greenwood. Current president is Ron Timmermans.

At the present time, the Orono Heritage Tractor Club is comprised of over 100 members. In addition to the annual vintage tractor and display at the Orono Fair, this year the club will be participating in five pulling demonstrations at various fairs; and the club members will participate in other community shows and parades.



Additional information about the club can be obtained from President, Ron Timmermans (705-696-3894), V.P., Al Davidson (905-623-8409), or Club Fair Coordinator, Grant Greenwood (905-983-6312).



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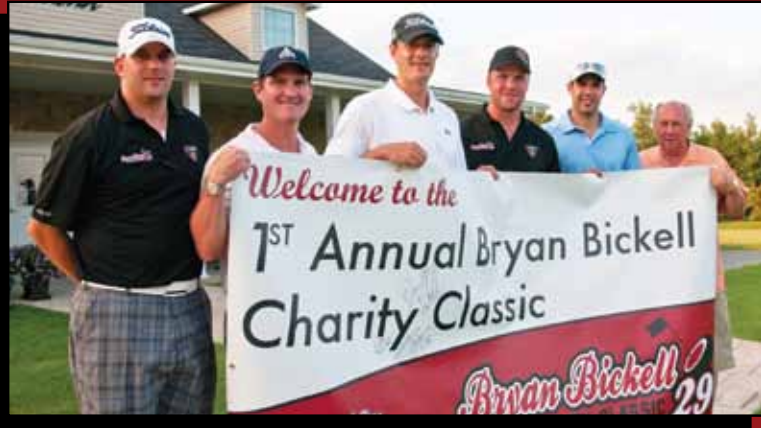
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From left, Chad Maartense, Joe Neuhoff, Kurtis Foster, Bryan Bickell, Corey Crawford and Jim Abernethy.

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**took place on Friday July 8, 2011.
It was a perfect summer day
& was a sold out success!**



Bryan Bickell



Ashley and Grandma Bickell



Mark Abernethy



Tyler Smith

More than \$16,000 was raised for the following Food Banks: Clarington East, Salvation Army, St Vincent de Paul, and Bewdley. The Orono Minor Hockey Association will also benefit from this fund raiser. Winners of the golf tournament at -12 were: Tyler Smith, Jason Smith, Nick Dennis and Dean Baumhauer.

You can go online and view all of the photos of the event. (turn to page 8 for online instructions)

To make a donation to the Bryan Bickell Charity Classic, and to order copies of any of these photos contact Cyndy Bonello: cyndy.bonello@gmail.com

Add your name to the list of golfers for the 2012 event. Contact Chad Maartense: pcmaartense@rogers.com

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On behalf of Bryan and Amanda along with the organizing committee I wanted to take the time to thank you for all your hard work and support that helped make the the first annual Bryan Bickell Charity Classic a huge success. We were right down to the wire but you were able to pull it off. Your signage at the event was amazing and made everything look first class. I had numerous comments on how great everything looked and that all falls on James Printing and Signs. Please take pride in the fact that you all were a force in helping raise money for the local Clarington food banks and Orono Minor Hockey.

Thanks again for your help and we look forward to working with you next year.

Regards,
Chad Maartense

Chad Maartense

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Featured Home of the month

STUNNING CENTURY HOME !

7866 Old Scugog Rd., Enniskillen \$499,900



My feature home this month is formerly the R.S. Mclaughlin home located at 7866 Old Scugog Road, Enniskillen.

Restored to perfection with a perfect blend of contemporary and traditional designs - when you view this home you will agree..... it is absolutely stunning!

Features include: an incredible custom gourmet eat-in kitchen complete with granite counter tops and gleaming wide pine plank floors extending into the formal living and dining rooms. Here you can feel the wonderful ambiance created by the traditional wood trim as sunlight streams through the large windows.

The Master Suite is exceptional with the high ceilings that you would expect in a Century Home. Pot lighting, a walk-in closet and 4 Pc semi-ensuite have been added.

Three more bedrooms are located on the 2nd floor and are decorated to perfection. Extra touches in the bathroom include: custom vanity, slate floors and claw foot tub.

The main floor also features a den/office and laundry room with walkout to the side yard. The property backs onto CLOCA protected lands which help provide a beautiful view of the surrounding countryside.

Hilltop Home in Kendal



High On The Hilltop - surrounded by mature trees in complete privacy sits this stunning custom home . Breathtaking views of the countryside. Gorgeous open concept features chalet style Great Room with soaring cathedral ceiling, stone fireplace. South facing timber framed porch with an amazing view down thru the Kendal Valley towards Lake Ontario. Ideal for outdoor sports/horse enthusiasts & nature lovers.

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211 Guildwood



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Bryan Bickell
 CHARITY CLASSIC 29

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Go to ClaringtonPromoter.ca to view all photos from the tournament.

Courtice Goes Way Back

Continued from Page 1

and ready to devour him. A near-by beech tree, which his arms could encircle, furnished him with the means of escape. He climbed, and climbed, while the wolves surrounded him and watched his every motion, never ceasing their dismal howls the live-long night. Thus he kept his lonely vigil. To lose his hold for a single second meant instant death. Great, however, as was the tension upon his strained muscles, they held on. Morn tardily came at last, and with its first peep the wolves left him and were seen no more...he began looking about him, and found, with all his climbing, he had ascended a very few feet from the ground, and but just out

erage life span was about 40 years). She had been well educated and her father was a doctor. When she arrived in Clarington in 1794 she carried with her a small forged iron pot that she used to mix her herbal medicines. She made it her mission to treat the sick in the area and would call on anyone who needed her help, whether they be native or settler, within a 40 mile radius of her home (from Pickering to Cobourg). Her husband, Captain John W. Trull, bought her a horse and taught it to swim. He knew if she came to a stream or river there would be no bridge. She was said to be very courageous and let nothing stop her while on a mission to help someone. She often travelled alone on her horse



Images provided by the Courtesy Clarington Museums and Archives

"Money was very scarce in pioneer times and bartering was very common. Furs were one resource that could get a settler actual money. One trader received a gold doubloon in his payment (There was no such thing as Canadian coins so those of other countries, notable Spain, were used throughout the North American colonies). The coin was worth \$16.00 and he kept it for 6 years before he could find someone to change it."

of reach of the wolves' jaws as they made frantic jumps to reach him."

Hardships of many kinds were common with our early settlers, but they persevered and thrived. The Trulls, neighbours of the Conants, are a good example of this. Their family has grown with each generation. In 1994 the Bowmanville Museum held a celebration to commemorate the 200th anniversary of the arrival of the first settlers to Clarington. Representatives from the three founding families came. By far, the Trulls were the most represented and the only one that still had members living in Clarington. Today, Trulls Road is a reminder of their early and important presence in our area.

Most notable of the first Trulls was Lydia Casey Trull. She had a remarkable constitution and stayed young and active into her Seventies (at a time when the av-

in the dark forest at night to reach her patients. In recent years a school has been named after this remarkable woman. Her little iron pot can be seen at the Bowmanville Museum where it is one of the treasures of the museum's collection.

The next family to leave their mark on the community came a generation later. It was the Courtice Family. Thomas came in 1831 to be followed by brothers James and Christopher in 1833. Christopher seems to have taken the lead role in encouraging settlement of the area. His large farm was broken into two halves: Higher and Lower Alsworthy. From here he provided assistance, advice and loans to early settlers and looked after their educational and spiritual needs by founding a local school and church. The Church is still very active and is today's Ebenezer United Church.

When Christopher arrived



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"Natives frequented the Clarington area to take advantage of seasonal food such as salmon and berries. Pioneer accounts are mixed- some found the Natives helpful while others had trouble with them."

from England in 1833 the only directions he had to find his brother were, "He lived in the Township of Darlington, four miles west of Bowmanville, and two and half miles north of Lake Ontario, by the side of a small creek." Even with such imprecise directions he found his brother living the isolated life of a pioneer deep in the primeval forest largely concerned with cutting down trees so he could grow crops. Thomas related this story which illustrate the lonely life of the early pioneer:

"In the early settlement of the country it was not easy to keep a correct account of the days of the week, and the dates of the month, for newspapers and almanacs were seldom seen. One day Thomas Courtice was keeping the Sabbath day sacred by laying aside all work, when to his surprise a neighbour came in and wanted to do some business. Thomas told him it was Sunday and he was not in the habit of doing business on that day. The neighbour said it was Saturday, and he intended to

keep it tomorrow. After some debating they could not decide, so they went to another neighbour to help them out of their difficulty. When they came they found him chopping wood, they asked him what day it was, 'It is Monday' said he, 'I kept yesterday for Sunday.' So the question was not easily settled."

This is the end on this story on the early history of Courtice. The later development of hamlets such as Prestonvale, and Short's Corners, the establishment of two schools and two train stations along with the arrival of other families like the Rundles, Annis', Okes, Wordens, and Osbornes will have to wait for another article.

If you are interested in Clarington History or are researching your Family please contact the Archives at Clarington Museums. The phone number is 905-623-2734 and e-mail is claringtonmuseums.archives@rogers.com.



Images provided by the Courtesy Clarington Museums and Archives

"Natives frequented the Clarington area to take advantage of seasonal food such as salmon and berries. Pioneer accounts are mixed- some found the Natives helpful while others had trouble with them."

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by Cathy Abernethy

HOME PROMOTER
CONTRIBUTOR

HOME COOKING

with Cathy



With blueberries being all the rage, it is the perfect addition to any dessert menu.

Hello everyone. I hope you have been enjoying this very hot summer. I have chosen an easy grilled chicken dish which makes use of all the lovely fresh herbs and also the fresh fruits which are starting to appear in our local markets. I chose a dessert using blueberries as they are ready this week and will be available for weeks to come. Make sure to get out to all of our local farms and markets and enjoy the bountiful harvest!!

Rosemary Grilled Chicken with Fruit Salsa

Fruit Salsa:

¼ sweet red pepper	2 Tbsps. coarsely chopped fresh cilantro leaves (you can also substitute with fresh basil)
1/8 medium red onion	1 Tbsp. fresh lime juice
1 fresh plum	1 Tbsp. olive oil
1 fresh apricot	Salt and pepper to taste

Chicken and Marinade:

2 boneless, skinless chicken breast
1 Tbsp. olive oil
1 Tbsp. fresh lemon juice
1-2 tsp. fresh chopped rosemary

Preparation

To prepare salsa, dice red pepper and red onion. Place in a small bowl. Pit the fruit but do not peel. Cut fruit into bite sized pieces. Add the fruit to the small bowl along with the lime juice and olive oil. Season with salt and pepper. Cover and chill for at least an hour.

To prepare marinade- combine olive oil and lemon juice and chopped rosemary. Cover the chicken breasts with the marinade and let stand, covered about 20 minutes or longer. Grill the chicken on a medium barbeque 5-7 minutes per side until no longer pink inside. Cut the grilled chicken into diagonal pieces and top with fresh fruit salsa. Makes 2 servings.

Blueberry & Cream Layered Parfait

This is a really quick tasty dessert to serve any time of year but especially in the summer time.

Blueberry Compote:

1/3 cup sugar
1 Tbsp. lemon juice
¼ cup orange juice
1-1/2 cups blueberries

Cream:

½ cup whipping cream	1 tsp. vanilla extract
4 oz. cream cheese	2 tsp. grated lemon zest.
2 Tbsp. sour cream	1 cup blueberries
2 Tbsp. whipping cream	

Preparation

To make compote, place sugar, lemon and orange juice in a medium saucepan over medium heat. Bring to a boil. Add blueberries and cook for about 5 minutes, stirring regularly. Watch that the blueberry compote does not boil over. Remove from heat. Pour into a bowl to let cool until ready to use.

In medium bowl, use electric mixer and beat 1/2 cup whipped cream. Remove from bowl and set aside. In another bowl, beat together the cream cheese, sour cream and 2 Tbsp. of non-whipped cream, vanilla and lemon zest. Fold in whipped cream. Cover and refrigerate until ready to use.

To assemble desserts, place a few blueberries on bottom of 6 glass dishes. Spoon cream mixture over blueberries and top with compote. Repeat layers until glass is filled.

Makes 6 servings.

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by Tom Coleman

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